



## Internet Safety Day 7<sup>th</sup> February 2023

Internet safety is for every day, but there is a dedicated event in the UK each year in February to focus on Internet safety. It is especially important in the times we live in currently. The internet is an avenue to lots of exciting information, but do we check to see how safe we are when we are online? How safe is the internet? How can we put measures in place to make sure all our children are kept safe when they are online? Do we know what our children access online? Do we talk to our children about being safe online? Have you checked your own digital footprint recently? Do you know which social media platforms your children use? Do your children know some basic 'do's and don'ts' when it comes to being online?



**These websites will give you all**



**the information you**



**need to know about internet safety:**

[www.saferinternet.org.uk/safer-internet-day/2021](http://www.saferinternet.org.uk/safer-internet-day/2021) This will give you all the information about the Safer Internet Day event and highlights this year's theme which explores the information we see online- how do we separate fact from fiction?

NSPCC <https://www.nspcc.org.uk/keeping-children-safe/online-safety> this gives some advice on the latest apps, games and social media sites our children might be using. Use the menu on the website to find more information about internet safety.

**NSPCC with focus on SEND** <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-families-children-with-send/>

Net-aware <https://www.net-aware.org.uk> is a direct link to a guide on apps, websites and social media. You can type in the name of an app and find out about it. There is a video on the site explaining how Net aware works. They also have a new online safety hub in lockdown hub (accessed from a link on the net aware site). This gives tips for keeping your kids safe online during lockdown.

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) This has information that is in age-specific groups and a dedicated section for parents. There are some very short animations using characters Jessie and friends, which can be used to tell children what they should do if they see something online/TV that makes them feel scared or worried. [Jessie Friends videos \(thinkuknow.co.uk\)](#)

Childnet: <https://www.childnet.com> has an area for parents and carers. There are also a number of video lessons that you can explore with your children called SMART. These look at different aspects of internet safety (for 6-9 year olds)

Internet matters <https://www.internetmatters.org> gives age specific advice, guidance on how to set up devices safely with parental controls and discusses some concerns parents might have around internet safety.

**Internet matters with a focus on SEND** <https://www.internetmatters.org/inclusive-digital-safety/advice-for-parents-and-carers/supporting-children-with-send/>